

Sole Supports™: Great Control And Comfort

The Secret is Shape & Surface Area



Sole Supports are made to fit your foot, period. There are no added bumps or estimated, generic arch shapes. The arch in a Sole Supports is as high as your foot says it should be when we cast it. Every square inch of the custom orthotic shape can be used to deliver the corrective force comfortably.



An assortment of typical "custom" orthotics with minimal generic arch support and a variety of therapeutic bumps. The blue upper right orthotic has almost no arch but, because it wraps up around the sides, appears to. None of these can possibly change a foot's posture or function.

Most footcare practitioners will tell you that you must choose between comfort and aggressive control in an arch support. They offer a soft, cushiony foam support for comfort and a rigid, hard platform for functional control. But wouldn't it be great to have the best of both worlds: control *and* comfort?

It turns out that, when you cast the foot the way we do at Sole Supports™, you get both the best functional control and great comfort. How is that possible? For function we cast the foot with as high an arch as that foot will easily make, because it is the posture of the foot, more than the rigidity of the platform, that gives the foot its functional correction. That means we can make our support less rigid and more comfortable and still get much better functional control.

Another reason why we can be more comfortable than the typical arch support or orthotic is our custom shape. Actually, it is *your* custom foot shape, the one we capture with our proprietary casting technique. The shape we use to make an exact match in the Sole Support. By making full contact in the exact shape of the bottom of your foot we are able to distribute all those corrective forces evenly, using the entire surface area of your foot to spread them out. You feel supported but comfortable.

With the new methods used by Sole Supports, you can now have the best functional control *with* great comfort. Once you get used to that feeling you won't go anywhere without them.



This image compares the arch from a typical, doctor-prescribed, "custom" orthotic with a Sole Supports cast made from the same foot. The air pocket you see under the cast arch, besides not matching the custom contour of the cast, is not correcting the foot at all.